We hope that the articles of contemporary scientific and professional methods and approaches to children and young people in the areas of children's and adolescent psychotherapy, health, social protection, education and juvenile justice will be a source of search for unique standards of health protection and the well-being of every child.

The future of every individual and the humankind in general depends on the child, its development, and the creation of self and the world around it. This knowledge and belief create the personality of each individual and its functioning, relating to the family, environment, itself and the world in general.

The aim of the journal, through the dissemination of research conclusions and experiences is to help educate people who are responsible for the development of each child through adulthood and the functioning of the world. A special problem is the ethical principles in working with children, which, although very clearly are defined by numerous conventions and laws, often cause numerous dilemmas and attitudes and are not incorporated in the life of the child. The aim of the journal is not only education and exchange of experience, but also stimulating the existing experiences and influencing the development of ethical attitudes, all to prevent mental problems in children and young people.

> Prof. Dubravka Kocijan Hercigonja, MD-PhD

Dear readers,

With great pleasure, the Bosnian-Herzegovinian Integrative Child and Adolescent Psychotherapy Association - BHIDAPA presents the Interdisciplinary Journal of Psychotherapy: Psychotherapy in Achieving Health and Well-being for Children and Young People. The journal aims to present, through original scientific, review, expert articles and case studies, multidisciplinary approaches to the recognition and understanding of the mental health problems of children and young people, and optimal prevention, therapeutic and rehabilitative activities that promote the Healthy development of the child. We hope that the articles of contemporary scientific and professional methods and approaches to children and young people in the areas of children's and adolescent psychotherapy, health, social protection, education and juvenile justice will be a source of search for unique standards of health protection and the well-being of every child.

> With respect, Mirela Badurina, PhD - editor